Our Bodies, Our Stories: <u>Creative Retreat</u> with Patients, Caregivers, and Healthcare Workers

Saturday, February 24, 2024, 1:00 to 5:00pm Eno River Unitarian Universalist Fellowship: 4907 Garrett Rd, Durham NC



A deeper dive to play with easeful, incremental ways to shape story, bodily expression, and community connection while navigating cancer and other life-threatening illnesses.

This half-day retreat incorporates InterPlay, image theater, and creative approaches to honor patients', caregivers', and healthcare workers' interests, desires, and lived truths. Enjoy an afternoon of art-making and contemplative care, offering humor, realness, selfdetermination and collaboration. Walk-ins welcome!

Facilitated by Marie Garlock, PhD, with live sound healing music by Rev. Stacy Grove. Disability accommodations, COVID safety, tea, snacks, and a covered porch to relax.

Register: itisinyou.org/retreat-february-24